

MEET THE NEW RUSTY GRISWOLD

ED HELMS TAKES THE WHEEL FOR "VACATION." PAGE 19



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As Seen On  

Medical marijuana licenses due soon

PAGE 02

NYPD used improper force on teen: Report

PAGE 06

Veruca Salt is back and stronger than ever

PAGE 21



Five decor tips made just for small spaces

PAGES 24-25

Quarterback court

Deflategate. The NFL stunned the sports world Tuesday by upholding its decision on Tom Brady's four-game suspension. Brady and the NFLPA will now likely take the league to federal court. PAGE 27

New England Patriots quarterback Tom Brady is said to have ordered that his cellphone be destroyed. / GETTY IMAGES

1 NEWS

Top 3

The best of Metro.us

1 'Legends Football League, formerly lingerie league, making strides despite harsh criticisms'

2 "'Vacation' makes 'Vegas Vacation' look like the original 'Vacation'"

3 'The sexism of activism confronted at "Say Her Name" demonstration'



On the go

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How low-income residents will pay for medical pot

Health. As the Department of Health is expected to issue medical marijuana licenses this week, one company pledges to help New Yorkers.



Medical marijuana in New York will look like this, not like the leafy greens. / PROVIDED

Quoted

"The reality is, we're not giving anybody pot. We're giving them benefits ... the notion that people with cancer are sitting around smoking a joint is part of the public's misinformation."

Jacques DeGraff, CCCNY

With the New York State Department of Health expected to select the five organizations allowed to manufacture and dispense medical marijuana before the end of July, questions on how patients with cancer, Parkinson's disease and chronic pain will afford their "medicine" is emerging.

Compassionate Care Centers of New York is one of the 43 businesses that have applied for a New York state medical marijuana license. The state's Compassionate Care Act allows up to five businesses to operate up to four facilities each in the state.

The company recently

announced their intentions to start a charitable program that, if approved by the state health department, would pay for out-of-pocket expenses for medical marijuana patients with incomes between 139-400 percent of the federal poverty level.

"We believe this is setting a precedent for indigent people in every state," said Rev. Jacques DeGraff, a CCCNY board member, adding the access is necessary because insurance companies and

government health care do not cover medical marijuana.

New York's law prevents the use of medical marijuana in "flower" form, and only allows non-smokeable forms including oils, edibles and vapors. Prices are set by the state health department, and CCCNY said they don't know yet how much their oils will cost patients.

Kris Krane, a marijuana consultant and former associate director of the National Organization to Reform Marijuana Law, said patients roughly pay about \$70 to \$80 per visit to medical marijuana dispensaries, two to three times per month.

"What these guys are doing is not unique," Krane said of CCCNY's pledge to low-income patients.

Krane said dispensaries in California, such as Oakland's Harborside Health Center, allow low-income patients to earn vouchers for free marijuana by doing volunteer work.

"The irony is that people who are seriously ill or

Who qualifies?

The 2015 federal poverty level is \$14,720 for a single person, which means New Yorkers making between \$20,460 and \$58,880 could qualify for the program.

have a debilitating illness or injury are more likely to be on a fixed income than their healthier counterparts," Krane said.

Krane said as New York gears up to start offering medical marijuana, access is going to be just as important as affordability.

"It's a problematic program in general," Krane said. "Patients who don't live in a major or second-tier city like Binghamton could possibly have to drive an hour away to find an access point, and they might not have [the strain] you need ... it's not going to be a great program for patients."



WENDY JOAN BIDDLECOMBE
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NYPD. 'Sniper tower' taken out of Tompkins Square Park

The NYPD has removed a controversial watchtower raised in Tompkins Square Park last week, allegedly to monitor the park's homeless population following a New York Post story.

A campout previously planned to protest the tower's "big brother" influence from Aug. 7-9 will go on as scheduled, organizer Paul DeRienzo told Metro.

"The struggle by the homeless people for rights and respect continues, and as such we've turned it into a general protest or action for support of homeless people, and what we feel is an unfair attack," DeRienzo said.

Organizers blamed the New York Post's coverage earlier this month about a 19-year-old afraid to walk through the East Village park, and what appeared to have increased drug use and homeless people,

for influencing the NYPD, which raised the SkyWatch last Tuesday.

"We believe the NY Post used the sad plight of homeless people to create a return to Giuliani-style policing in relation to the poor and those suffering from poverty, mental illness and gentrification and we do not want that to continue. Bring any copies you see being recycled [don't buy em] of the NY Post to sleep on and use as toilet paper," organizers wrote on a Facebook page promoting the event.

"There were a lot of squatters here, and it was really tough for kids to be around here. We were around here last year and we did have some problems, so I don't know," Kirah Caminos said. "I would feel safer if there were police on foot patrol more than seeing a gigantic tower. It didn't threaten, but at the



Tompkins Square Park housed many homeless camps in the 1980s. / BESS ADLER, METRO

same time, I think safety first."

"I noticed the police watchtower, but didn't really pay much attention to it," said Bryan Comras, who lives on Avenue B. "I thought it was just there for the public reason. It didn't make me feel like any-

thing unsafe happened."

Nearly 700 activists have signed a petition asking Mayor Bill de Blasio to take the tower down, and a satirical Twitter account, called "NYPD Tweet Tour," has been tweeting zingers such as "THE ONLY BUMS OFFICER TUBBS AND I SEE IN THE PARK ARE

THE ONES WITH PRESS CREDENTIALS."

The Aug. 7 event marks 27 years since the Tompkins Square Riots.

The NYPD did not immediately respond for a request to comment on the tower coming down.
WENDY JOAN BIDDLECOMBE AND BESS ADLER

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The heat is on

Hot and bothered.

High humidity and temperatures in the upper 90s continue today.

New Yorkers: It's time to get hydrated.

A heat advisory that started Tuesday at noon is set to continue until 6 p.m. tonight, with high humidity and temperatures expected to hover in the 90s.

Temperatures are likely to peak in the mid-90s, with a heat index making it feel more like the high 90s, according to the National Weather Service.

Heat waves kill more people annually than any other extreme-weather event, and the city advises that vulnerable people seek air conditioning and call 911 at the first sign of heat stroke.

City pools will be open until 8 p.m. tonight. More information on cooling centers across the city

can be found at NYC.gov/oem.

Skies will be sunny and clear, and the hot weather is expected to continue after the advisory ends, with highs in the upper 80s to low 90s continuing through the weekend.

There is a chance of showers and thunderstorms on Thursday afternoon, and the forecast is dry through the weekend.



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New Yorkers cooled off at Columbus Circle. / GETTY IMAGES

Cooked. Food cart workers take a day off due to high temperatures

Sandra Garcia starts her 12-hour work day at 6 a.m., parked in the Financial District on Nassau Street between Cedar and Liberty.

Garcia, 51, has owned her food cart since 1994, though it has been in her family since 1983, when it was originally owned by her mother and brother.

During the summer, the New York heat can make working almost unbearable. Surrounded by stoves and ranges hotter than 150 degrees, it's difficult to stay cool.

At 10:30 a.m. yesterday, the cart was already at 97 degrees as Garcia prepared for the day. She had two fans and a thermometer that displayed the temperature inside.

This week, Garcia said she and her sister, Aura Lopez, planned on taking one day off because of the heat. But one day is all they can afford.

"I have a headache," Garcia said, pointing to her forehead. "I have to come to work, but this week I



Garcia gets to work at 6 a.m. to prepare for the day.

MEGAN FU

of liquid a day — about half the amount of water that is recommended to the average person. In this heat, one liter of liquid includes fruits, vegetables, Jell-O and so on, which leaves very little allowance for water.

For most of the lunch hour, the temperature remained over 100 degrees as the two women rapidly took orders and cooked the food. They knew almost every customer by name and by order and often cracked jokes and made small talk while working.

The cart itself gets so hot that signs have been taped up saying things like "Hot," "Step Away" and "Hot surface do not touch."

After the lunch rush, the two have a chance to collect themselves and step outside the cart to cool off.

The inside of the cart cools off, but only to a still-balmy 90 degrees, and although the two women are taking Wednesday off, they will be back on Thursday at 6 a.m. **MEGAN FU**

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Cop used excessive force on teen: Report

Probe. Board determines officer's force resulted in a 14-year-old boy's hospitalization.

The Civilian Complaint Review Board decided that excessive force had been used by an NYPD cop who

allegedly shoved a handcuffed teenager through a window.

Javier Payne, 14, suffered from severe wounds and underwent intensive surgery after the beating, which investigators said happened on May 17, 2014.

Payne was detained by Sgt. Eliezer Pabon and his partner, Officer Joffre Cortez, after they were told

the boy and his friend assaulted an older man. During Payne's arrest, Pabon pushed the boy into the glass window, shattering it.

Payne was hospitalized at Jacobi Hospital in intensive care for four days and received surgery for a deep chest wound after blood was drained from his chest cavity, investigators said.

The complaint was filed

as a misconduct rather than a criminal charge. Because of this, the most severe punishment the board can suggest to the police commissioner is dismissal.

The Bronx District Attorney's office stated that "it cannot be said that the sergeant's conduct rose to the level of provable criminal behavior."

The Civilian Complaint

Review Board could not specify what evidence they used to base their conclusion. The lawyer, Scott Rynecki, who is filing a lawsuit against the cop, told Metro that a video will be released depicting the incident.



Javier Payne was in critical condition after the incident.

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Music. Prince Harvey releases rap album made at Apple store



Prince Harvey / MATTHEW NARVIN

Brooklyn rapper Prince Harvey gained massive attention earlier this month when it was reported that he recorded an entire rap album on an Apple store computer in SoHo.

Harvey, 25, released his long-awaited project, entitled "PHATASS," or "Prince Harvey at the Apple Store: SoHo." He spoke with Metro about the recording process and his inspirations.

Why did you decide to record on an Apple store computer?

It was convenient. They have equipment, like mics and headphones. When my computer got stolen, a friend suggested it. He's a producer and said that if I do it, he'll mix it for me, so I said OK.

What was the recording process like in that busy store?

It was cool. I'd get up at 7:30 a.m. four or five times a week and take the J train to SoHo. I'd stop in Chinatown and get soup or tea to warm up my vocal chords, and then walk over while doing vocal exercises. I'd get to the store and go to the one computer that has the mic and a pair of headphones and record for about five hours.

How would you describe the album as a whole?

It's about me as a young person in New York City trying to make it. They're stories of my life and of people who want to make things happen. It's about having a voice out there saying, "I'm in the struggle too, just like you." I recorded the album a capella because I wanted to stress that the voice is our most important instrument. I wanted to find the most direct way to give people a peek into my soul. I figured if I made as much of it come from within me as possible, then I can achieve that. The computer came afterward.

What has the feedback been like?

It's been positive. Of course, you're going to find a negative comment if you go looking for it. But directly to me, it's been positive and people have been very supportive.

What are your performances like?

I've been performing in New York City for the last three years. Even before recording the songs, I was performing them during live a capella performances that I regularly do. I get the audience to do the beat with me and then I'll rap over that. **ASIA EWART**

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Quoted

"The whole thing is illegitimate from start to finish. ... It's judicially sanctioned execution."

John Jones, a British lawyer hired to represent Saif al-Islam Gaddafi before the ICC

SAIF AL-ISLAM GADDAFI / GETTY IMAGES

Gaddafi's son sentenced to death in Libya

Trial. Muammar Gaddafi himself was killed by rebel forces after being captured following months on the run.

A Libyan court on Tuesday sentenced Muammar Gaddafi's son, Saif al-Islam Gaddafi, and eight others to death over war crimes including killings of protesters during the 2011 revolution that ended his father's rule.

The Gaddafi regime officials sentenced to die by firing squad include the former intelligence chief, Abdullah al-Senussi, and the ex-prime minister, Baghdadi al-Mahmoudi, said Sadiq al-Sur, chief investigator at the Tripoli state prosecutor's office, during a televised news conference in the capital.

The trial process and outcome drew condemnation abroad with Human Rights Watch and a prominent international lawyer saying it was riddled with legal flaws and carried out amid widespread lawlessness undermining the credibility of the judiciary.

Al-Sur did not spell out the charges on which the verdict was based, saying that should await the written ruling. Defendants had been accused of a range of offenses including war crimes and crimes against humanity involving the use of deadly force to suppress demonstrations, as well as corruption.

Life sentences

8

Eight ex-officials received life sentences and seven jail terms of 12 years each, Sadiq al-Sur said. Four of the 37 defendants were acquitted. Others got shorter jail terms.

The verdict on Saif al-Islam Gaddafi was passed in absentia since he has been held since 2011 by a former rebel group in Zintan, a mountainous western region beyond central government control. Internal armed conflict has split Libya into factional fiefdoms.

Dressed in prison uniforms and seated in a black cage, 29 of the defendants including al-Senussi and al-Mahmoudi were present for Tuesday's verdict. One of them began shouting after the ruling was read, before being led away.

Other defendants were being held in Misrata, a western city loyal to the current authorities in Tripoli.

Saif al-Islam Gaddafi appeared by video link only at the start of the trial. The Zintanis have refused to hand him over, saying they do not trust authorities in Tripoli to make sure he does not escape, but they agreed to let him be tried there.

Gaddafi's sentence can be appealed and must be confirmed by Libya's Supreme Court, but legal experts and rights advocates said the proceeding was tainted and politicized from the start.

REUTERS

Human rights

Justice under fire in Libya justice system

New York-based Human Rights Watch said defense lawyers lacked full and timely access to case files and several had been unable to meet with clients in private while two had quit after receiving threats.

"There are serious questions about whether judges and prosecutors can be truly independent where utter lawlessness prevails and certain groups are unashamedly shielded from justice," Joe Stork, HRW's deputy Middle East and North Africa director, said in an emailed statement.

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Criticism. Obama weighs in on Mike Huckabee 'Holocaust' fight

President Barack Obama has come out swinging against former Arkansas Gov. Mike Huckabee's incendiary remarks that the White House has struck a nuclear arms deal that marches the Jewish state of Israel "to the door of the oven."

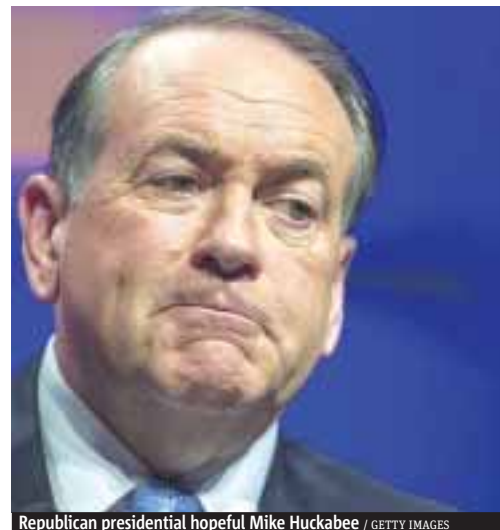
Huckabee has been criticized by fellow Republican presidential candidate Jeb Bush for the don't-go-there Holocaust reference, and Democrat Hillary Clinton said comments like his are "offensive, and they have no place in our political dialogue."

Obama dove deep into the controversy Monday, also lashing out at other brow-raising criticism of him — and taking a swipe at GOP candidate Donald Trump's controversial statements on Mexico and John McCain.

"The particular comments of Mr. Huckabee are, I think, part of just a general pattern that we've seen that is — would be considered ridiculous if it weren't so sad," Obama told reporters in Ethiopia, his latest stop on his historic trip to Africa.

He noted that GOP Arkansas Sen. Tom Cotton even likened Secretary of State John Kerry, who negotiated the deal to lift sanctions on Iran in return for verifiable restrictions on its nuke program, to Pontius Pilate.

"There are going to be



Republican presidential hopeful Mike Huckabee / GETTY IMAGES

Quoted

"If we don't take seriously the threats of Iran, then God help us all."

Huckabee told Fox News' Geraldo Rivera

disagreements," Obama said, "but we just don't fling out ad hominem attacks like that because it doesn't help inform the American people."

Huckabee has refused to back down.

He stood by his comments, citing Iran's repeated threats to "destroy" and "annihilate" the state of Israel.

"They used the word 'Holocaust,'" Huckabee told Fox News' Geraldo

Quoted

"Maybe this is just an effort to push Mr. Trump out of the headlines, but it's not the kind of leadership that is needed for America right now."

Obama told reporters in Ethiopia

Rivera, who urged the candidate to take back the oven remark.

After Obama hit back at him, Huckabee tweeted: "I will stand with our ally Israel to prevent the terrorists in Tehran from achieving their own stated goal of another Holocaust."

JOHN A. OSWALD

Iran nukes

Key House Democrat cites troublesome issues in deal

The top Democrat on the U.S. House of Representatives Foreign Affairs Committee said on Tuesday

he sees "a number of" troublesome issues in the Iran nuclear deal.

In remarks prepared for delivery at a hearing with administration officials, Rep. Eliot Engel said he was troubled by reports about the arrangement reached for scrutiny of

Iranian sites by international nuclear inspectors, the sunset of international sanctions on ballistic missiles and advanced conventional weapons and what Iran's leaders would do when sanctions are phased out and they gain access to funds. **REUTERS**

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Special counsel

Trump adviser apologizes for 'inarticulate' comments on marital rape

A top adviser to Donald Trump apologized on Tuesday for making "inarticulate" comments on the subject of marital rape that have ignited the

latest in a series of political controversies involving the Republican presidential candidate.

The comments by Michael Cohen, special counsel to the Trump Organization, were included in a Daily Beast report that said Trump's ex-wife Ivana once used the word "rape" to describe a 1989 encounter with him.

Cohen responded to

the report by saying, "By the very definition, you can't rape your spouse," the Daily Beast said.

Marital rape is illegal in every U.S. state.

Cohen also threatened legal action against the news outlet, saying "I will take you for every penny you still don't have."

On Tuesday, Cohen said in a statement he was incensed by the story and

made comments he did not believe.

"As an attorney, husband and father there are many injustices that offend me but nothing more than charges of rape or racism. They hit me at my core," Cohen said. "In my moment of shock and anger, I made an inarticulate comment — which I do not believe — and which I apologize for entirely." **REUTERS**

Boehner. Clinton should hand over private email server



Hillary Clinton and John Boehner / GETTY IMAGES

Quoted

"She knows exactly how classifying materials works. At this point, the best thing for Mrs. Clinton to do is to come clean and just turn the server over to the IG [inspector general] at the State Department."

Boehner

Emails

4

At least four emails from the account used by Clinton while she was secretary of state contained classified information, according to a government watchdog.

government had classified as secret.

The information was classified at the time the emails were sent, according to the inspector general, J. Charles McCullough, III.

"This classified information should never have been transmitted via an unclassified personal system," McCullough said in a joint statement on Friday along with his equivalent at the State Department, Steve Linick.

REUTERS

Republican House of Representatives Speaker John Boehner on Tuesday said Democratic presidential candidate Hillary Clinton should "come clean" and turn over her private email server to the State Department's inspector general.

At least four emails from the account used by Clinton while she was secretary of state contained classified information, according to a government watchdog. Clinton has said she did not send or receive secret information using that account, but Boehner cast doubt on this.

"Despite evidence to the contrary, Secretary Clinton continues to maintain that she never had classified emails. Now let's not be foolish," Boehner told reporters at a regular news conference.

Clinton's use of her private email account linked to a server in her New York home for her work as America's top diplomat came to light in March and drew fire from opponents who accused her of sidestepping transparency and record-keeping laws.

The inspector general who oversees U.S. intelligence agencies wrote in a letter to members of Congress last week that a sampling of 40 of about 30,000 emails sent or received by Clinton found at least four that contained information the

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Boys suffer horrific sunburns in Oklahoma day care



Conner and Trey Broadway. / FACEBOOK

Fundraising.

A GoFundMe campaign has been established to help burned brothers.

Two young Vinita, Oklahoma, brothers — 5-year-old Conner Broadway and 7-year-old Trey Broadway — are recovering in a Texas hospital's burn unit after suffering extensive sunburns at a day care center.

"They didn't put sunscreen on them [or a] shirt, and when I asked them about it, they claimed they were out of sunscreen and that they told the kids to put on their shirts, but they didn't want to leave them on," Shaunna Broadway, their mother, told NewsOn6 in Oklahoma.

The boys were crying in pain when they got home Friday. Large, painful blisters erupted on their backs and shoulders.

"Then things got worse, especially with my oldest one. He started to complain of chest pains and not being able to breathe, and his chest started swelling," she said.

Ten minutes after

Quoted

"To think that a kid could get that burned in the care of a day care — I have no words."

Broadway

bringing the boys to the local hospital in Tulsa, officials there had the brothers medically evacuated to the burn center at Shriners' Hospital in Galveston, Texas.

"Right's right, and wrong's wrong, and there's no excuse for this," Broadway told NewsOn6.

"I'm a single parent, and I do all I can. I work Monday through Friday, and they have to go to day care. I don't have the luxury to just have somebody that I can just have watch them outside day care."

Vinita police officers and child welfare officials are investigating.

The day care has been cited 19 times by the state Department of Human Services in the past year for various violations.

Officials at the center declined to comment.

JOHN A. OSWALD

Popular cat

US man accused of killing Africa's Cecil the lion

Wildlife officials on Tuesday accused an American tourist of killing Cecil, one of the oldest and most famous lions in Zimbabwe, without a permit after paying \$50,000 to two people who lured the beast to its death.

The lion was lured out of

Hwange National Park using bait and was shot by Walter James Palmer with a cross-bow, Johnny Rodrigues, chairman of Zimbabwe Conservation Task Force, told reporters.

Rodrigues said Palmer paid Zimbabwean hunter Theo Bronkhorst and Honest Ndlovu, a private game park owner, to lure the 13-year-old Cecil. Bronkhorst and Ndlovu will face poaching

charges on Wednesday in Hwange for the killing of the lion on July 1, Rodrigues said.

A spokesman for Palmer told the Guardian that the hunter believes he may have shot the lion.

"As far as I understand, Walter believes that he might have shot that lion that has been referred to as 'Cecil,'" a spokesman for Palmer said.

"What he'll tell you is that he had the proper legal permits, and he hired several guides so he's not denying that he may be the person who shot this lion. He is a big-game hunter; he hunts the world over."

Palmer's whereabouts were not known but Cecil's head and skin were recovered and would be used as evidence in court, Rodrigues said. **REUTERS**

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Prison worker who aided New York escapees pleads guilty

A female prison employee pleaded guilty to one felony and one misdemeanor charge in a deal with prosecutors on Tuesday in connection with helping two convicted murderers in their daring June escape from a maximum security prison in upstate New York.

Joyce Mitchell, 51, faces up to seven years in prison for her role in the breakout by inmates Richard Matt and David Sweat from Clinton Correctional Facility on June 6.

Appearing in Plattsburgh County Court, Mitchell wiped away tears as she signed legal documents before Judge Kevin Ryan.

"She realizes that she made a horrible mistake," her attorney Stephen John-

ston told reporters.

Under the plea deal, she will not face any possible sexual assault or rape charges stemming from allegations that she had sexual relations with Matt or Sweat, Clinton County District Attorney Andrew Wylie said at a news conference.

Mitchell, the training supervisor in the prison's tailor shop, pleaded guilty to a felony charge of promoting prison contraband and a misdemeanor charge of criminal facilitation.

Mitchell was accused of smuggling hacksaw blades and a screwdriver bit to the pair to help facilitate their escape. **REUTERS**



MITCHELL

Second suspect in 10 days dies in custody of Houston police

Houston police are investigating the deaths of two suspects in their custody in the past 10 days, incidents that have come as national attention has been focused on Texas police after a black woman was found hanged in a jail cell in a nearby county.

In the most recent incident, a 29-year-old white woman charged with public intoxication was found unresponsive on Sunday as she was being booked at a Houston jail. The woman later died at a hospital, Houston police officials said on Tuesday.

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need to know



Amazon partners with startups to sell crowd-funded products

Amazon.com launched a new platform on Tuesday that will help startups advertise and distribute their products directly to millions of Amazon customers, filling an important gap for entrepreneurs trying to reach a wider market of consumers.

The online retailer is partnering with more than 25 crowdfunding platforms like Indiegogo and venture capital firms to offer 200 products on the platform, which is called "Amazon Launchpad." **REUTERS**

Small plane crashes in Wisconsin field, four dead

Four people were killed when a small plane crashed in a field in western Wisconsin and burst into flames, local officials said on Tuesday.

The single engine Beechcraft crashed Monday evening in the town of Alden, the Polk County Sheriff's Office said in a news release.

Deputies and fire officials rushed to the scene and, after extinguishing the blaze, found four dead inside the wreckage of the plane, the release said.

The victims' remains were sent to the medical examiner's office for autopsies and identification, the statement said. **REUTERS**

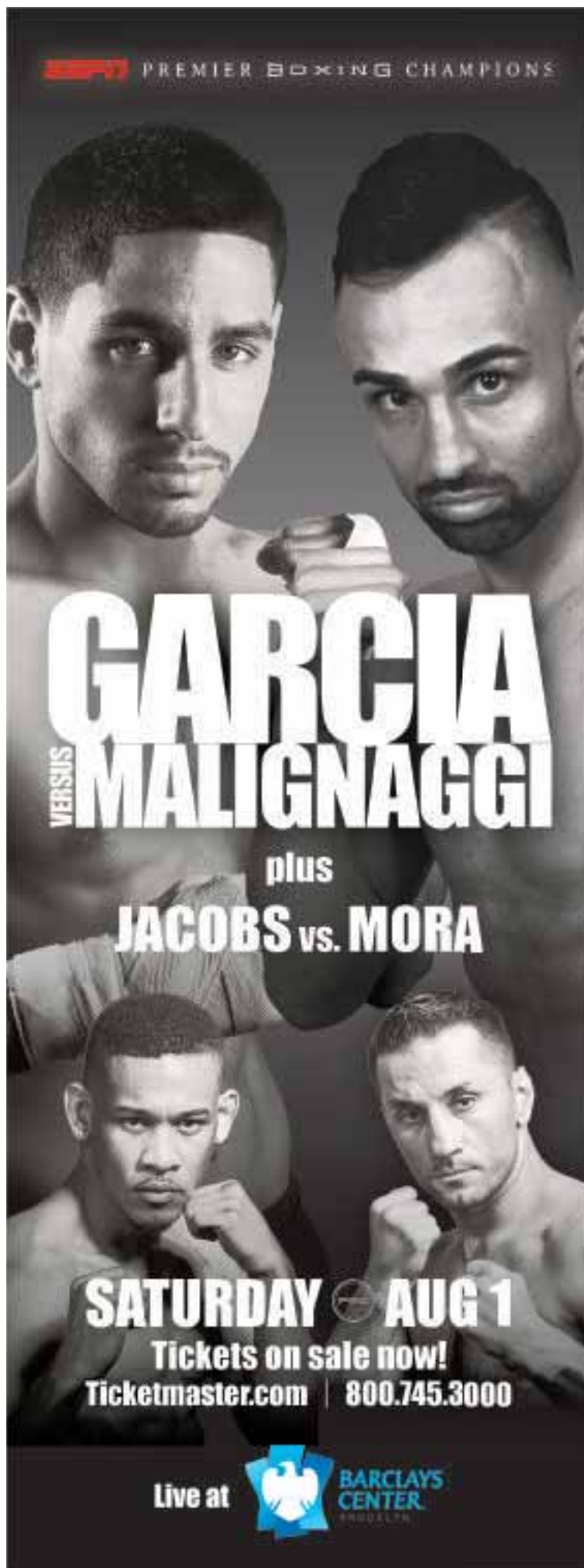
Pilot training fell short in Virgin Galactic crash says NTSB

Test pilots at the helm of a Virgin Galactic passenger spaceship that crashed last year were unaware of the catastrophic consequences of unlocking the craft's moveable tail section too early because of poor training, investigators probing the fatal accident said on Tuesday.

The premature unlocking of SpaceShipTwo's hinged tail triggered a midair breakup of the ship during its fourth powered test flight on Oct. 31 over California's Mojave Desert, the National Transportation Safety Board has determined.

REUTERS


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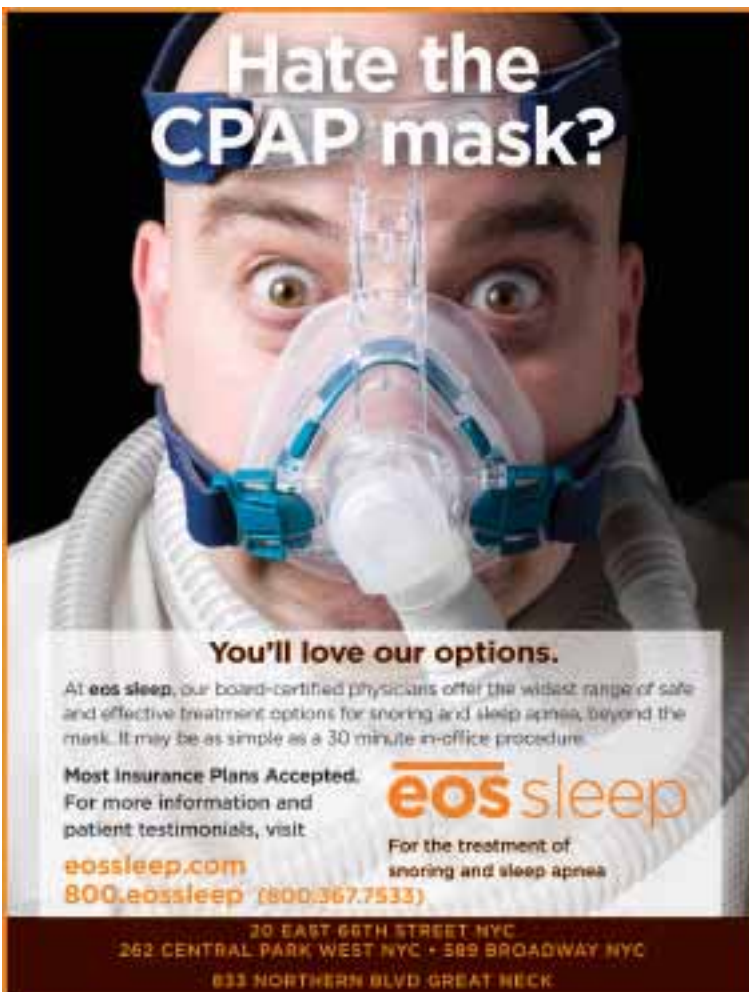
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Boy gets gift of hands

New life. A boy became the first in the world to receive a pair of transplanted hands.

Zion Harvey wants to be a basketball player or a wrestler when he grows up.

Those dreams are within the realm of possibility due to a medical marvel — a surgery to transplant two hands onto 8-year-old Zion's arms.

A team of surgeons and doctors at Children's Hospital of Philadelphia (CHOP) announced Tuesday that they had successfully completed the surgery to do exactly that earlier this month.

"Happy" was how Zion, a Baltimore native, said he felt to an audience of doctors at CHOP as the results of the surgery were announced.

"It was weird at first, but then it felt good."

At this point, Zion's wrists are still bandaged up and he's under close observation by his doctors. He also won't regain full feeling in his fingers for six to eight months while his nerves regrow at a rate of two millimeters a day, doctors said.

But he can flex the fingers and is developing control over them.

He has told doctors his immediate goals are to throw a football and go on monkey bars.

"He's been super excited — like, he just wants to jump up and scream," said Zion's cousin Aziya Savage, 10. "He feels like he's complete now."

The surgery was the first in the world of its nature, CHOP doctors said. A man received a two-hand transplant in 2011 at CHOP, but never before had a child.

"People said, 'What do you mean, you're going to transplant onto a child? You're crazy,'" recalled Dr. L. Scott Levin, director of



Zion Harvey, 8 / MARIA S. YOUNG

hand transplantation at CHOP.

This type of procedure is a "vascularized composite allotransplant," Levin said.

Zion's hands and feet were amputated after a sepsis infection when he was just 2. Two years later, after undergoing dialysis,

he received a kidney transplant from his mother. He has prosthetic feet, and had adapted to surviving without hands.

The previous transplant was the key to the surgery, said Dr. Benjamin Chang, co-director of CHOP hand transplants. Zion's body had learned to accept a new organ, and he is already on immunosuppressant medicines for life for his kidney.

"We were looking for someone who already had a transplant," Chang said. "Hands are important, but not as important as the heart."

Earlier this month, his family was called around 3:30 p.m. to come to CHOP to receive hands donated through the Gift of Life program from an anonymous family whose child had died. By 4:30 a.m. the next morning, the hands were connected.



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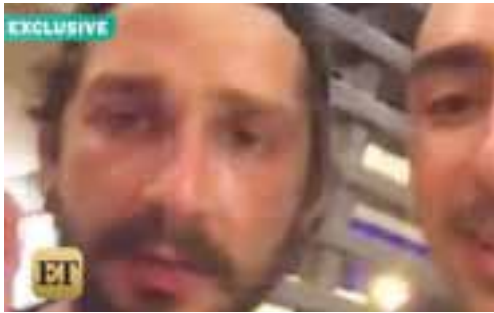
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Dating Shia LaBeouf sounds terrifying and exhausting

Video has emerged of Shia LaBeouf having a fight with girlfriend Mia Goth in Germany before getting a lift to the airport from some helpful — and camera-happy — locals. After squabbling with a mostly silent Goth over his backpack — and telling her, “I don’t want to touch you. I don’t want to be aggressive, this is the kind of s— that makes a person abusive” — a calmer LaBeouf rides shotgun with his new friends and tells them, “If I’d stayed there, I would have killed her.” Delightful! Oh,



ENTERTAINMENT TONIGHT, YOUTUBE



and he tries to FaceTime Megan Fox at one point, who I’m guessing gets those kinds of calls from her former “Transform-

ers” co-star quite a bit. The video caps off with a very inebriated LaBeouf talking directly to the camera phone, declaring, “This is a contract. You come to Los Angeles. I’ll pick you up in my car. You come and stay at my house.” Don’t do it, guys. It’s a trap.

Daily video



DAVID ELMALAH, YOUTUBE

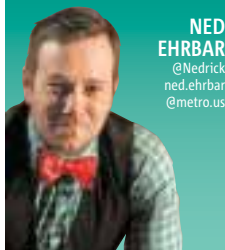
Hunger Game of Thrones

Somebody connected the dots between “The Hunger Games” and “Game of Thrones” — and not just because of the easy title mashup. YouTuber David Elmaleh takes the “Mockingjay, Part

2” trailer and its focus on Katniss’ campaign against President Snow and makes it about Jon Snow instead. So simple, so entertaining. “Nothing good is safe while Snow is alive,” she warns. “Snow has to pay for what he’s done.” Sheesh, Katniss, are you secretly one of the Night’s Watch?

THE WORD

Ned Ehrbar takes on the world of gossip.



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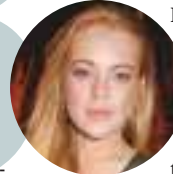
Jon Stewart made secret visits to the White House

With Jon Stewart at the helm, “The Daily Show” had a strong track record of taking swings at the government hypocrisy. But a Politico report reveals just how much the government was listening. On two occasions, the Obama White House invited Stewart for private meetings with the president to discuss policy. In 2011, he went

to discuss budget difficulties, and then he returned in 2014 to discuss Russia and Ukraine. Politico spoke to folks on both sides of the aisle, with both indicating that he got in his share of hits on them — though some, of course, claimed not to care: Sen. James Inhofe said, “I’ve never seen him.” Do we believe him? **LISA WEIDENFELD**

Lindsay Lohan teases terrible memoir

So Lindsay Lohan really is working on a book, apparently, and if her attempt at teasing it is any indication, it will be inscrutable, unintelligible and nausea-inducing. Lohan posted an Instagram video with a caption that includes a birthday message to a friend, some emojis and a “teaser for my book



FYL.” The video, shot sideways in widescreen and filtered within an inch of its life, is totally unclear but seems to have been shot (drunkenly) in Greece, where she’s vacationing. If anyone can tell me what’s actually happening in the brief clip, I’ll give them my signed DVD of “Freaky Friday.”

2

CULTURE



Twitter feed

Today, Kevin Hart doesn’t like shaving, Aaron Paul is chilling, Jamie Chung is having a blast and Miles Teller is in shock.

@KevinHart4real: I have to cut the bottom half of my goatee off today.... yes I’m pissed about it.... please don’t judge me afterwards. My face is about to look like a babies ass....F— my life.

@aaronpaul_8: I love nap

@jamietchung1: The Met, hot dogs, a stroll thru Central Park and a quick shop stop at Bergdorf Goodman #mykindofday

@Miles_Teller: I don’t care how old you are, nothing in life prepares you to watch a grown man eat his own booger at a stop light #ohmygross

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“Fraction Of An Inch”

Success And Failure With Popular

Vital Information All Knee Arthritis Sufferers

By Matt Edgar-Health Writer

Manhattan - In just a moment I'm going to tell you about a very “candid” and somewhat embarrassing moment I had with a doctor.

A moment most doctors would not want you to know about.

As I reveal what happened in that moment - it will become clear to you not only why this doctor has so much success treating knee arthritis pain... but you will also discover a possible way to relieve some or all of your pain, too.

But before I tell you all that - let me ask you this: How would you like to finally have a real medical solution for your knee arthritis pain?

Not some scam sold on an infomercial or the internet. **A real medical treatment that has already worked for countless people just like you and is covered by most insurance and medicare?**

Can you imagine what it would feel like to be able to eliminate enough of your pain and stiffness so you can get out of bed without pain and go for walks and even do things like play golf or tennis?

How relieved would you be if you felt so much better that you no longer needed to go through total knee replacement surgery and all the grueling rehabilitation?

Sounds Too Good To Be True?

I'm glad we agree. It does sound too good to be true. That's because all patients react differently and get different results from *real medical treatments*.

That's also why no ethical doctor would promise or

guarantee ANY results... for ANY treatment. EVER.

In fact - if you do start hearing over-the-top, exaggerated claims like: “cure for knee arthritis” or “eliminates all pain” or “works for everyone” you should run like heck.

But the fact of the matter is: If you qualify for the treatment you are about to discover, there is a good chance you may be able to relieve some or much of your pain.

I know because thousands of knee arthritis sufferers... just like you... have already found the relief you are looking for.

And even better - this might work for you if your pain is new... or if you have advanced knee arthritis that has made it difficult to even walk.

Here's The Treatment And The Embarrassing Moment

The treatment is called viscosupplementation. If you have not heard of this treatment - I will explain how it might help you in just a moment. If you have heard of it - or even had this treatment without good results - this information is a “must read.”

Here is why: When you have arthritis, one of the things that happens is the lubricating fluid in your joints decreases. This causes joint surfaces to rub, then grind against each other which causes swelling and pain eventually eating way at the cartilage.

Researchers have developed a natural lubricating gel that can be placed in the arthritic knee joint - this cushions and coats the joint allowing it to glide more smoothly which often decreases pain. Sometimes dramatically. Treatment with this special lubricating gel is called

Advanced Knee Arthritis Treatment Offers New Hope For Pain Sufferers In New York City



Nothing Spreads The Word Like Caring Doctors and Results - Knee arthritis sufferers have swarmed the OsteoRelief Center in Manhattan, NYC and Northern New Jersey ever since word got out of their advanced medical procedure for knee arthritis

Viscosupplementation.

This all sounds great - in theory. But there is a BIG problem with this treatment.

Allow Me To Explain...

While doing research on this treatment, I traveled to a medical clinic in New York City. This clinic had an excellent reputation and I got to speak not only with doctors but with several patients who ranted and raved about the results.

Many said they had tried countless other treatments in the past... including viscosupplementation... but nothing worked until they had viscosupplementation at *this* clinic.

I was skeptical, so I asked one of the doctors why. How could it be possible that the same treatment that did not work when done elsewhere... was getting results when done here?

His response was honest and a little shocking. And the bottom line was...

“All Doctors Are Human And Sometimes They Mess Up”

I discovered that this treatment must be VERY

PRECISE. In other words, the doctor must be very accurate and actually get the lubricating fluid precisely into the arthritic joint space - or the treatment will be rendered useless.

Many doctors do not want to admit it - but it is very easy to miss the joint space and alter the treatment results.

In fact, research shows that doctors doing these types of joint procedures without advanced imaging may miss the joint space as much as 30% of the time.

Technology To The Rescue

Thankfully technology is solving this problem. How? It's making doctors much more accurate and this treatment much more effective.

Advanced imaging is now available that allows doctors to actually see directly into the joint space and watch the treatment. Doctors can see, or check, if the lubricating fluid goes directly into the joint space - or misses.

The doctor knows if the applied treatment has been a success... or failure... INSTANTLY.

The Difference Between Knee Arthritis Treatment?

Should Know... *That Might Be Keeping You In Pain*

Here's something incredible: I was able to watch many procedures actually being performed and I was shocked at how many times the doctor thought he had perfect placement... *but the imaging proved him wrong.*

I was amazed how only a ***fraction of an inch*** would make the difference **between** success and failure.

The best thing is: When the procedure was not perfect - because of the imaging - the doctor knew instantly and was able to make the slight change necessary and achieve the results they were looking for hitting the targeted painful knee joint.

"Double Confirmation" For Best Results

That's why the doctors at this clinic have taken it one giant

step further to give their patients the best. They do not just use one form of confirmation during treatment - they use two in their **"double confirmation"** process. This is to ensure patients get the best possible results.

It became clear to me that using this advanced imaging and "double confirmation" process just might be why the doctors at this medical clinic get results when others were not.

What Results Can Be Expected?

Like all medical treatments, the results vary and can not be predicted. But many knee arthritis sufferers get dramatic results. It is not uncommon for patients to either postpone knee replacement surgery for years... or even permanently cancel it.

Who Is This For?

This treatment is not for everyone - but if you qualify you may be able to relieve some or all of your pain. That's why OsteoRelief has a an innovation for you...

Your Invitation

OsteoRelief Centers offer a limited number of complimentary knee arthritis treatment screenings every month. These screenings are a way for knee arthritis sufferers to get some of their questions answered and see if they are a candidate for one of the cutting-edge treatments offered at OsteoRelief Center. If you would like a complimentary screening, just call **800-227-KNEE (5633)** and tell the scheduling expert who answers the phone, "I would like a complimentary knee arthritis screening."

The screenings fill up fast every month. If you do not call in time to get one this month, the expert will schedule you for next month.

This screening is no cost and there is no further obligation. The best thing about this screening for so many is being able to breathe a big sigh of relief because you finally have hope to relieve your pain and get your life back

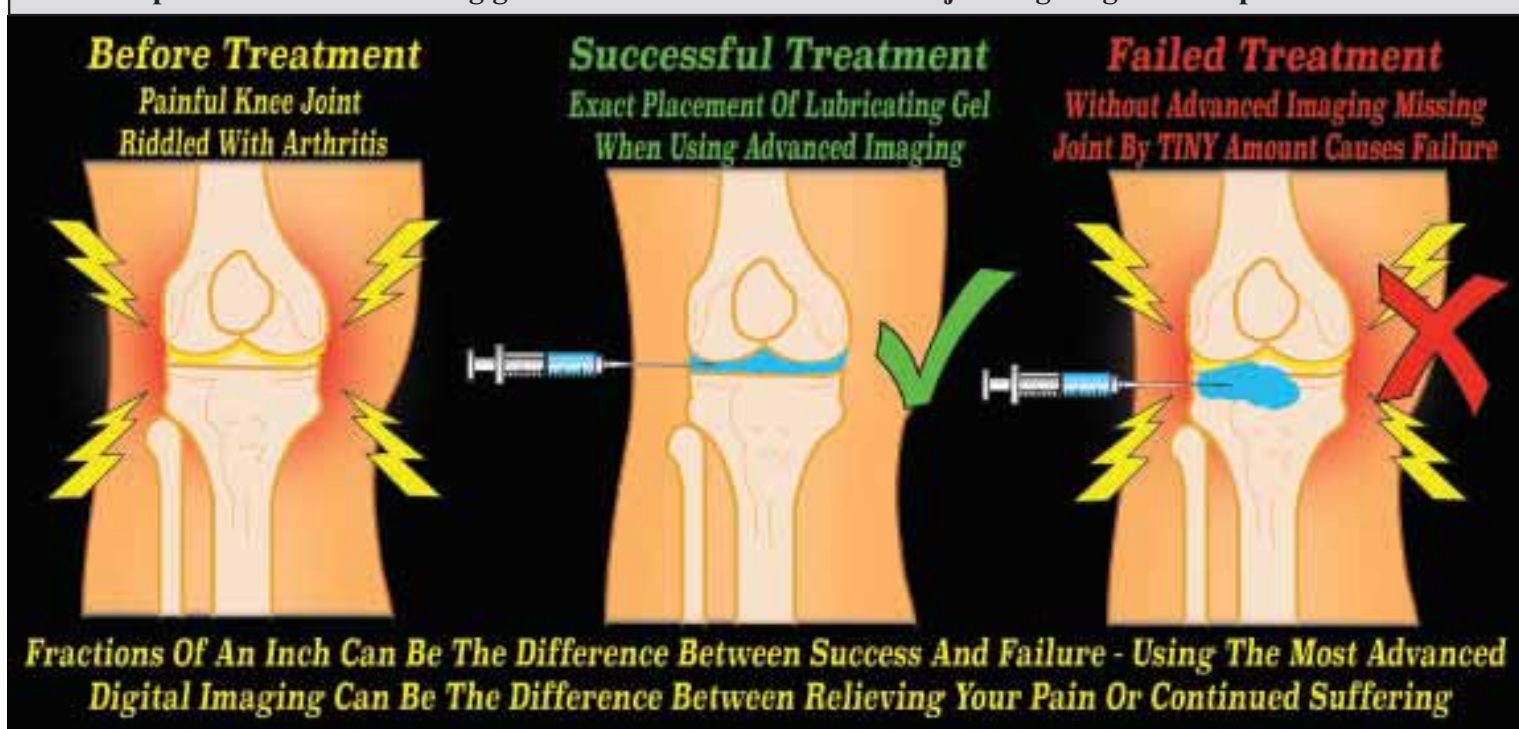
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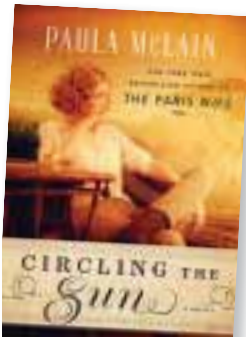
Why A Fraction Of An Inch Can Be The Difference: Advanced imaging is used to "double confirm" placement of lubricating gel on the surface of the arthritic joint - giving the best possible chance to



How Paula McLain found her new muse

Interview. The author of "The Paris Wife" is back with a new historical fiction novel, this time transporting readers to 1920s Kenya.

People are always telling author Paula McLain who to write about next. "I'll be at Target and [someone] will say, 'Oh, James Joyce had a crazy wife. You should write about that!'"



says McLain, whose first book, "The Paris Wife," a historical fiction about Ernest Hemingway's wife, became a New York Times best-seller.

An instant spark

Three years later, McLain is back with another historical fiction book, "Circling the Sun," this time about Beryl Markham, a glamorous British expat living in 1920s Kenya, who had no shortage of adventures and affairs.

"I had a million ideas about who to write about next, but for me, there has to be a mysterious, powerful, profound connection," McLain tells us. "I felt that instantly with Beryl when I read her memoir 'West With the Night.'" McLain had never heard of Markham, but she says the connection was immediate. "All the hairs on my arm just stood up, and I thought, 'I don't know who this woman is, but I



Paula McLain's "Circling the Sun" came out yesterday. / NINA SUBIN

am going to write about her. That's it. It's done."

An unexpected connection

As she did more of her research, she discovered amazing connections she

had with Markham, such as the fact that their mothers had both abandoned them at the age of 4 and re-entered their lives at the exact same age of 20. "It was completely crazy. I was driven to understand her because we share an emotional DNA," McLain

says.

McLain says once she realized their common connection, the architecture of the book came together quickly. "I knew I wanted to write about her early life as opposed to her later life because I was interested in how she got the way she was," McLain says. "Gossip followed Beryl her whole life. It's like, who didn't she sleep with? ... I was compelled to psychoanalyze her based on some of my own psychology because we had this piece of the story."

The original Adventure Barbie

And interesting Markham was indeed. She became the first woman licensed to be a professional racehorse trainer as well as the first woman to fly solo across the Atlantic from east to west. She had countless affairs, including one with a prince.

Markham loved Kenya

— "It was truly her Eden," McLain tells us — but McLain resisted visiting Africa until after the book was written. "I wrote 'The Paris Wife' at the Starbucks near my house," she says. "I think my energy for the book really came from the fact that I had escaped to 1920s Paris." It worked so well that she did the same thing while writing "Circling the Sun," though she did go to Kenya after completing the draft.

McLain says she is excited for the readers of "The Paris Wife" to read "Circling the Sun" because the two respective protagonists are both fascinating, yet very different. "Hadley [Hemingway's wife] was a middle-class woman who was swept away to Paris. Beryl doesn't need a man to sweep her off her feet because she sweeps herself away."



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Comedy. Ed Helms steps into the shoes of Rusty Griswold.

With "Vacation," Ed Helms becomes the fifth actor to play Rusty Griswold, the son of Clark Griswold (Chevy Chase) from the storied National Lampoon film series. Luckily for Helms, having a dif-



HELMS
GETTY IMAGES



Ed Helms would prefer "Vacation" co-star Chris Hemsworth just stick to being ridiculously handsome. / WARNER BROS.

Vacation, all he ever wanted

could do what-ever he wanted.

How did you envision Rusty as an adult?

I see Rusty as a kind of aspirational character for me. He is relentlessly hopeful and optimistic, incredibly kindhearted, and he

wants the best for his family. But what makes Rusty complex and hopefully more funny is that he also is repressed and in denial about some things, and that gives him some pretty significant blind spots. So he's very prone to seeing situations the way he wants to see them.

He always tries to make the best of bad situations. Exactly. When he rents the Tartan Prancer [a car], that

would bum out anybody. But Rusty spins it in his own mind and convinces himself that it's awesome. When he gets home to share it with the family, he genuinely believes that it's awesome. He's making the best of things to a psychotic degree.

Did they tell you what the swastika button on the car remote does? No. And I won't speculate. [Laughs]

So, it turns out Chris Hemsworth has amazing comic chops as well. Does that just make you angry at the universe?

Absolutely. Not fair, right? I mean, I've been working my whole life to have some comedy chops, and here comes this guy who just effortlessly crushes it.

Did you just want to punch him, then, for being too gifted? [Laughs] No, I'm smart

One more thing

Every "Vacation" movie featured a different actor as Rusty Griswold. So which one are you playing?

It's all of them! All of them and none of them, in a weird way. I really looked at this as a blank slate. I loved all those Rusty performances, and I'm proud to be next in a long line of Rustys, but I didn't feel beholden to any previous performances — especially with the age gap. Adult Rusty just was kind of a blank slate, and I could bring my own mojo to it.

enough not to punch Chris Hemsworth.



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Metro exclusive. Win a 'golden ticket' from Life of Dillon



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Life of Dillon's debut single "Overload" quickly racked up over a million views on YouTube, and fans are anxiously waiting for the trio's next release. We're excited to exclusively announce that VEVO is debuting the music video for their second single "Dreams" tomorrow on the Sony billboard in Times Square.

There are a few surprises in store for fans who show up to celebrate the first viewing of the new

music video, including the chance to get Life of Dillon's EP "Prologue" for free. Inside one of the albums will be a "golden ticket," giving one fan the chance to see them perform alongside Meghan Trainor on July 31 at JLB Live at Pier 97. Join in on the fun online by using the hashtag #FirstViewLive.



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'Vacation' makes 'Vegas Vacation' look like the original 'Vacation'



Christina Applegate and Ed Helms definitely deserve better than what the new "Vacation" does to them. / WARNER BROS. PICTURES

The first "National Lampoon's Vacation" is easy to overrate and underrate. It's a TV classic and therefore a target for kneejerk nostalgia. But it's also, in its heart, a dark look at the then-nascent suburban mentality, with Chevy Chase's exuberant Reagan-era dad driven mad by his pursuit for nothing more than what he thinks is owed him, namely a nice, incident-free family vacay. It also has urine sandwich jokes, incest jokes and jokes about scary black

people stealing hubcaps.

The new reboot/semi-sequel, simply called "Vacation," keeps the dumb jokes and chucks the rest. It doesn't have much to say about how we live today or the state of the fading middle class. It does, however, have plenty to say about the state of movies in 2015. It makes the dire "Vegas Vacation" look like the original "Vacation."

Ed Helms is ideally cast as the adult (and now peppy) Rusty Griswold.

Like his dad, he's decided to drive the fam (including long-suffering wife Christina Applegate) to the same theme park as in the original, with warmed-over mishaps along the way. Their trip vies to be a self-aware "21 Jump Street"-movie-style lampoon of the original, but it's not self-aware in the ways that count. If anything, it's more reactionary than the original, with backwards sexual politics and jokes about foreigners. Poor Applegate has become the go-to actress for bringing humanity and sharp timing to thankless token female roles.

In its defense, it's too stupid to realize how backwards it is or that all of its set pieces are limp gross-out drags. Only Leslie Mann and Chris Hemsworth, as Rusty's sis

Review

'Vacation'

Directors: John Francis Daley, Jonathan Goldstein

Stars: Ed Helms, Christina Applegate

Rating: R



and her beefcake hubs, find life in stale gags. Eventually Chase pops in and acts crazy-creepy, bumbling about maniacally as his era of comedy is repurposed for scrap iron.



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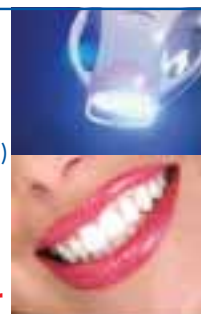


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Veruca Salt buries the hatchet at last

Interview.

Nina Gordon says she's ashamed a "stupid catfight" broke up the band.

Veruca Salt seemed fated to be one of the many "could have been" stories of rock 'n' roll.

The band experienced a brief period of intense, skyrocketing fame in the '90s, led by dual vocalists Nina Gordon and Louise Post and a massively popular single, "Seether," before falling apart after the two had a huge blow-out. Gordon left the band, and while Post and the gang continued without her, it was clear something was missing.

But not all breaks are permanent. In recent years, the two tentatively got back in touch and found that their creative connection was still just as powerful, which has resulted in a new album, "Ghost Notes," which came out July 10.

"The album is so charged with all of the emotion of these past 15 years and everything we went through with the breakup, with the time apart," says Gordon, 47. "The album tells that story, so now that it's out there, we both can breathe a sigh of relief."

If it seems like it might be a little awkward for two musicians to be writing music about each other, Gordon says the experience was rather cathartic. "All of that stuff we've been carrying around for all those years,



See the band Friday at Webster Hall. Head to ticketmaster.com for details. / ALISON DYER

it's sort of like — poof! — and now it's gone. We can truly let go of all of that."

And the subject matter has evolved, too. "It did not make sense, in writing again, to write typical love songs like back when we were in our 20s and writing our first two albums," explains Gordon.

Rebuilding one of the most significant relationships in your life is rather inspirational, it turns out. "You go to the wound that is the most raw. You go to it. Louise and I always did

that individually. You go to that place. This was the subject matter that was the most fueled and that we felt the most vulnerable around, so it felt like the most obvious place for us to go together," she says.

Though Gordon worked as a solo musician during their years apart, she's not exactly missing that life. Rejoining the band is "a huge relief. Louise has always been quarterback for this band. Back in the day, I had all

the creative juice in the world, and I wanted desperately to be in a band and make music, but I would've just sat in my living room for the rest of my life."

Their initial reunion, after all those years apart, was a powerful experience for them both. "Louise came over to my

house, and we sang a couple of songs together, and it ended in a complete puddle of tears. I was so happy to hear our voices together again. It was sublime."

And if you have concerns about the band not quite sounding like you'd expect from the Veruca Salt of old, don't

be. "The shocking part is how much we sound like Veruca Salt," says Gordon. "This isn't just reunion rock. We are going to make the record that we were supposed to make back then."



LISA WEIDENFELD
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Working relationships

Moving past 'the stupid catfight'

Part of the relief of reuniting is a chance to set things right for their fans. "We fell apart, and we felt like we let them down, especially because of the way things ended. We're feminists, and it ended in this stupid catfight, and we felt really ashamed about that over the years," says Gordon.

Happily, the music they're making now is

serving as a corrective to that narrative. "There's something so beautiful about living with regret and sadness about something, thinking that the door is closed, and finding out that there actually is a way to heal and reconcile and an old dear friend can come back into your life, and you can start over," says Gordon.

"You don't really hear about friendships. You hear about divorces and celebrity divorces, but falling out of a female

friendship is so brutal. It really is so brutal when it's somebody that you depend on and lean on so much. It really is beautiful to feel forgiveness, to feel forgiven and bury the hatchet."

And that's the message she hopes their fans can take from the reunion: "It ain't over till it's over, and there is hope when two people really care about each other and have this kind of chemistry with one another. It's meant to be."

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Aquarius Refuse to be tempted by a dubious offer. Don't jeopardize your reputation or position. Problems will escalate if you are untrustworthy.



Pisces Get involved in something that motivates you. Donating your time to a cause will be rewarding in more ways than one. **EUGENIA LAST**

easy

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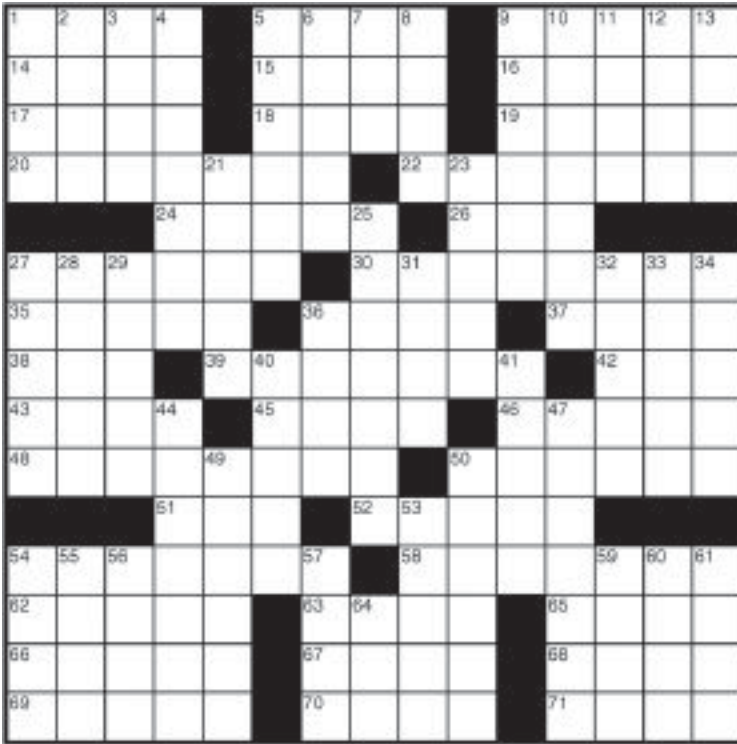
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Across

1 Robin Cook thriller
5 Low-lying islands
9 Not pass
14 Expos manager Felipe
15 Revival shout
16 Spy mission
17 What banks do
18 — Hari (Garbo role)
19 Dome home
20 Water lilies
22 Beauty contest
24 Increase
26 Flour holder
27 Cooks' attire
30 More badly built
35 Twist forcibly
36 Signaled
37 Exclusive
38 31-day mo.
39 Bridged
42 Take into custody
43 Time to beware
45 Geologic divisions
46 Watchdog breed
48 Wire
50 Food source
51 Toshiba rival

52 Ran without running
54 Fellow feeling
58 Groundbreaking
62 Pillages
63 Like some fans
65 "Dancing Queen" pop group
66 Asian capital
67 Tiny stream
68 Finely sharpened
69 Listless
70 Actress Tyne —
71 Mlle. in Barcelona

Down

1 Match a bet
2 Toast topper
3 Helena's st.
4 U.S. ornithologist
5 Antique brooches
6 Hoard, maybe
7 Still
8 Cinch
9 Below zero
10 Fables
11 West Coast sch.
12 Zenith
13 Granny or square
21 Lullabies
23 Cabin or chateau
25 Seaquake aftermath
27 Look forward to
28 Goody-goody
29 Bright star in Orion
31 Chicks' mothers
32 Column type
33 Buoy up
34 Concrete reinforcer
36 Dear, in Italy
40 Canary seat
41 Took a chance
44 Lawmaker
47 Alaska denizens
49 Sees the light (2 wds.)
50 Willingly
53 Bore
54 Pre-college
55 Ghostly noise
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home

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If you spend 10 minutes looking for a shirt or notebook each day, it's time to clear out the mess. Lewis found the key to stripping belongings down to the bare minimum.

"There's a really fun exercise that we've done on 'Tiny House Nation' where the only things you can [keep] are what you can fit on a king-sized bed," she explains.

"It really makes you think creatively about what you actually need in order to function."

Small on space, big on style

Don't let your square footage stop you from having a chic, organized home.

RACHEL KASHDAN
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Kim Lewis, interior designer, blogger and regular on FYI's "Tiny House Nation" is the queen of living large in small spaces. She's part of a new trend of homeowners and designers who think you'll live better with less — that is, in homes be-

tween 150 and 600 square feet. Those who've joined the movement say that choosing the tiny home lifestyle saves money, is eco-friendly, and it can help you live a simpler, less chaotic life.

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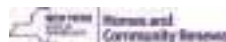
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Get creative with storage

In tight bedrooms, there's not much space for deep dresser drawers, so Lewis encourages you to rethink those bulky pieces.

"Shallow drawers of [vintage] watchmaker's cabinets make it easy to organize a lot of different things in small spaces," she says.

Lewis recommends using the sleek cabinets to store clothing, jewelry or even office supplies.

Shop small

When you're already working with less square footage, you don't want furniture to take up all the space that you do have. Lewis suggests purchasing pieces that are specially made for small apartments.

Check out CB2's space-saving SAIC collection or choose pieces from Resource Furniture, which she says offers "clever multifunctional designs for urban living." Lewis also loves to hunt for pieces at local flea markets.

ALL PHOTOS MOLLY WINTERS PHOTOGRAPHY

a choice as much as it is a fact of reality, Lewis offers the following tips to make even our 300 square-foot adobes feel like a spacious penthouse.

Go for height

For items you don't need

to reach every day, take up air space instead of floor space by building shelving that's high up. It's a cheap and easy DIY project, says the expert.

And if you're really handy, Lewis recommends mounting a ceiling shelf in a narrow

space or nook. "If you take a pallet, you can use simple eyelet hooks and chains to hang it from the ceiling for added storage," she says. "Just be sure to hit a ceiling joist when you drill so the weight is supported from the ceiling."

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The residence serves low to moderate-income senior citizens with two income levels.

Current Range 1 bedroom: \$797 - \$931

**Income Range: \$33,527- \$36,300 (1 person household)
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Current Range 1 bedroom: \$1031 - \$1254

**Income Range: \$42,895 - \$48,350 (1 person household)
\$42,895 - \$55,250 (2 person household)**

Monthly rent includes heat, hot water and gas for cooking. Seniors will be required to meet income guidelines and additional selection criteria to qualify. Income guidelines are subject to change. One application per household.

Applications may be downloaded from:

**www.metcouncil.org/housing or requested by mail from Met Council: East 46th Street Residence
120 Broadway, 7th floor New York, NY 10271**

Please include a self-addressed envelope. No broker or application fee.



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Current Range 1 bedroom: \$1052 - \$1254

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Market watch

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The most expensive property to come onto the market this week is a duplex penthouse condo in Turtle Bay, marketed by Zeckendorf Marketing. The four-bedroom, six-and-a-half bath unit features over 9,700 square feet and a 30-foot outdoor swimming pool and pool deck.



Cheapest

\$239K

301 E. 63rd St.
#12C

The least expensive unit to come onto the market this week is a studio co-op unit in Lenox Hill, marketed by Town Residential. This is a newly renovated studio unit with hardwood floors, south-facing city views, three large closets and a separate dining alcove.



StreetEasy.com is a New York-based real estate information portal that aggregates the most comprehensive set of sale and rental listings along with other useful info.



Brooklyn sales booming in the first half of year

Multifamily market holds firm with 60 percent of borough's \$5.3B in deals.

TheRealDeal.com is a daily blog and monthly magazine covering real estate in the New York metro area.



Williamsburg 1570CK

Brooklyn investment sales climbed by 74 percent year over year, according to a new report from Ariel Property Advisors.

Borough-wide, there were 766 deals involving 1,083 buildings totaling \$5.3 billion in the first half of 2015. Year over year, there was comparatively slight growth in terms of transaction volume — a 14 percent increase.

Despite the rise of demand in Brooklyn office space, multifamily sales dominated the borough's tally, accounting for 60 percent of total dollar volume, or \$3 billion.

Williamsburg and Greenpoint were by far the neighborhood leaders, with a total of \$1.5 billion in transactions. Bushwick, Crown Heights and Bedford-Stuyvesant led the pack in property and transaction volume.

"Positive spillover effects are clearly emerging in neighborhoods to the south and east, and we're going to keep a sharp eye on areas like Sunset Park, Flatbush and southern Crown Heights in the second half of the year," said Jonathan Berman, vice president of Ariel Property Advisors.

In the second quarter, Brooklyn multifamily sales surpassed Manhattan in dollar volume, with \$1.13 billion in sales.

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NFL maintains decision, brings new info to table

Deflategate. The NFL says that Tom Brady destroyed his cellphone to damage the investigation.

Patriots quarterback Tom Brady could see more of the courtroom this fall than he might see the playing field at Gillette Stadium as the NFL on Tuesday ruled that it will uphold the four-game suspension given to Brady in connection to his "general awareness" that footballs were underinflated during this past January's AFC Championship game against the Indianapolis Colts.

Brady has authorized the NFLPA to now go to federal court to attempt to have the suspension overturned, according to ESPN.

Brady and the NFLPA appealed the suspension on June 23 at the NFL's offices in New York. The league likely upheld the suspension because Brady is said to have destroyed his cellphone, information that wasn't made available until Tuesday. Per a league statement:

"On or shortly before

Deflategate time line

- Jan. 18 - Patriots allegedly use underinflated balls in blowout win over Colts in AFC title game.
- Feb. 1 - Patriots win Super Bowl XLIX
- May 6 - Wells Report is released, saying that Brady was generally aware that the team used deflated balls.
- May 11 - Brady is suspended four games by the NFL, Patriots are fined \$1 million and docked a first-round draft pick.
- June 23 - Brady, NFLPA appeal suspension.
- July 28 - NFL upholds Brady's suspension.

March 6, the day that Tom Brady met with independent investigator Ted Wells and his colleagues, Brady directed that the cellphone he had used for the prior four months be destroyed. He did so even though he was aware that the investigators had requested access to text

messages and other electronic information that had been stored on that phone.

"During the four months that the cellphone was in use, Brady had exchanged nearly 10,000 text messages, none of which can now be retrieved from that device. The destruction of the cellphone was not disclosed until June 18, almost four months after the investigators had first sought electronic information from Brady.

"The commissioner found that Brady's deliberate destruction of potentially relevant evidence went beyond a mere failure to cooperate in the investigation and supported a finding that he had sought to hide evidence of his own participation in the underlying scheme to alter the footballs."

According to multiple reports Tuesday, Brady told the NFL that he routinely destroys his cellphones for security reasons due to the extent of the celebrity of he and his wife, model Gisele Bündchen.

MATT BURKE
@Burke_Metro
sports@metro.us



Tom Brady and the NFLPA plan to take the league to court over his suspension. / GETTY IMAGES

3

SPORTS



Visit **Metro.us** to see the latest Mets and Yanks trade rumors.

STRAIGHT Talk



E.D. medication not working?

Erectile dysfunction (E.D.) affects more than 30 million men in the U.S. It is especially common in men with **diabetes, high cholesterol, high blood pressure, obesity, prostate cancer, prostate surgery, heart problems, and in past or current cigarette smokers.** However, it is now possible to **treat almost all men with E.D!** E.D. undermines a man's sexual confidence—but successful treatment can restore it! Many E.D. treatments are covered by most insurance and prescription plans.

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The 2015 Jets appear to be a rejuvenated bunch under new skipper Todd Bowles. / GETTY IMAGES

12 anonymous Jets talk Rex, Bowles, GM

NFL. Surprisingly, the Jets are warmly welcoming the new regime as training camp kicks off.

There is a culture shock taking place at the New York Jets training facility these days and it is something that the players seem to be taking to. Turns out that athletes in the NFL don't mind order and discipline and don't entirely want the inmates running the asylum.

The Jets are closing in on their first training camp with head coach Todd Bowles, who took over for Rex Ryan, a head coach who was wildly popular with much of the fan base despite four rough years without the postseason. Bowles comes in with a good résumé that includes being an interim head coach where he went 3-1 with the Miami Dolphins and as a former player who won a Super Bowl.

He's direct. Doesn't talk a whole lot. Keeps it real simple. Has a bit of an "at-home" way about him. But don't buy that he doesn't have a standard, he does.

Since minicamp ended in June, Metro has polled a dozen current Jets players about Bowles to determine their thoughts on their new head coach. All players were with the Jets last year and all were promised anonymity so they could openly express their thoughts without seem-

Practice makes perfect

One anonymous Jets defender explains the importance of training camp under new head coach Todd Bowles.

- "In the past, practice seemed like something you went through. Something you just did. I'm not sure everyone took it seriously, players and the coaches. It is a lot more competitive this year."
- "He doesn't go over the top, it's not the horror stories you hear from guys around the league about some coaches. But he wants you to have attention at all times. Last year, I don't know, just seemed like guys weren't keyed-in from the beginning."

rarely mentioned.

Another player, this one on offense, who has played with several other NFL teams was impressed with how Bowles spells things out clearly.

"Last year, it seemed like practice, we didn't always know what was happening all the time," he said.

"I don't want to say that there wasn't a respect factor, but sometimes [Rex] seemed like one of us," another offensive player said. "It was hard to take him seriously. Guys were late to meetings and stuff like that. We played hard for him, we loved him, but it was tough to separate him as a friend and a head coach."

Bowles is part-disciplinarian, part-former player. He has the clout to back up a no-nonsense approach that still comes across with a smile.

"It feels different around here, coming to work. Guys didn't want to be here last year," one player said. "Maybe it was all the losing, maybe it was the negativity from the media. But guys wanted to leave quickly when the day was done."

When asked if they would rather last year's regime or this year's, nine of the 12 players endorsed the Bowles/Mike Maccagnan duo. The other three players said it was too soon to tell but they all agreed the direction was good so far.

KRISTIAN DYER
@KristianRDyer
sports@metro.us

ingly taking shots at their old head coach.

"He's tough, you can tell that. I've seen him in here at the crack of dawn working out in the gym. He's in here a couple days a week lifting, not just doing a walk on the treadmill or a few reps of bench press," one defensive player said.

"He spells everything out, in detail. What we're going to do today, where we go. How practice is going to be laid out. Todd wants you to commit it — to take it seriously."

Interestingly enough, of the dozen players interviewed over the phone, not one will publicly slam former head coach Rex Ryan and his name is very

NFL

Wilkerson will report to camp

Maybe football really does cure all.

After threatening to hold out over an unhappy contract situation, Jets defensive end Muhammad Wilkerson

told a league source that he will suit up for camp Wednesday.

The 25-year-old is excited to return to play football even though he is displeased with his \$6.97 million salary for 2015. It is the final year of his five-year rookie

pact.

Todd Bowles told reporters he was not concerned about Wilkerson's potential hold out, while Wilkerson himself said he was "very confident" a long-term deal would be reached.

EVAN MACY

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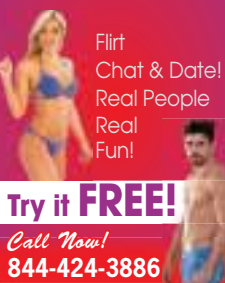
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